TRACK EXPRESS

2026-2027 Indoor Track & Field Schedule

Meet registration begins at 6:30 AM unless otherwise announced.

DECEMBER 2026

Date	Time	Event / Location
Sun, Dec 6	8:00 AM	Virginia Best Invitational - Virginia Beach, VA
Sun, Dec 27	7:00 AM	SLC
Thu, Dec 31	**10:00 AM-12:00 PM**	**Indoor Practice - Lanes 4-6, PG SLC**

JANUARY 2027

Date	Time	Event / Location
Sat, Jan 2	8:00 AM	Kings and Queens Meet - BWSP, Hampton, VA
Sun, Jan 3	**10:00 AM-12:00 PM**	**Indoor Practice - Lanes 4-6, PG SLC**
Sun, Jan 10	7:00 AM	SLC
Sun, Jan 24	7:00 AM	SLC
Sun, Jan 31	**10:00 AM-12:00 PM**	**Indoor Practice - Lanes 4-6, PG SLC**

FEBRUARY 2027

Date	Time	Event / Location
Sat, Feb 6	8:00 AM	AAU 8U National Invitational - BWSP, Hampton, VA
Sun, Feb 7	7:00 AM	SLC
Wed, Feb 10	**6:00-8:00 PM**	**Indoor Practice - FBCG Family Center**
Feb 13-14, 2027	7:00 AM	14 & Under PVA Nationals
Wed, Feb 17	**6:00-8:00 PM**	**Indoor Practice - FBCG Family Center**
Wed, Feb 24	**6:00-8:00 PM**	**Indoor Practice - FBCG Family Center**

MARCH 2027

Date	Time	Event / Location
Fri-Sun, Mar 5-7	**8:00 AM**	**AAU Indoor Nationals - Virginia Beach Sports Center, VA**

Out-of-town meets: Dec 6 - Virginia Best (Virginia Beach); Jan 2 - Kings and Queens (Hampton); Feb 6 - AAU 8U Invitational (Hampton); Mar 5-7 - AAU Indoor Nationals (Virginia Beach).

Registration time may not apply to practice or facility sessions. Confirm meet-specific instructions with coaches.